pBf]u tyf pkef]tmf lxt ;/+If0f sfof{no x'Dnf

 **tflnd cfj]bg kmf/d**

>Ldfg sfof{no k|d'v Ho" pBf]u tyf pkef]tmf lxt ;+/If0f sfof{no, हुम्ला

dxf]bo,

 txfF sfof{noaf6 ldlt @)======.========.========b]lv ldlt @)=========.=========.======= ;Dd=================== g=kf=÷uf=kf= j8f g+=========df ;+~rfng ul/g] lzk ljsf; tflnd tyf /f]huf/ ljsf; sfo{qmd cGt{utsf]============================================================tflnddf efu lnO{ pBf]u Joj;fo ug{ O{R5f ePsf]n] g]kfnL gful/stfsf] k|df0f–kqsf] k|ltlnkL ;lxt of] cfjb]g kmf/d a'emfPsf] 5' . ptm sfo{s|ddf ;ls|o / lgoldt ?kdf ;xefuL eO{ sfo{s|d kZoft pBf]u Joj;fo ug{] k|ltj¢ /x]sf] x'Fbf, sfo{s|ddf ;xefuL x'g] df}sf k|bfg ul/ lbg cg'/f]w ub{5' .

!\_ lgj]bs sf] gfd,y/ M @\_ jfj'sf] gfd M #\_ klt jf kTgLsf] gfd M $\_ z}lIfs of]Uotf M %\_ 7]ufgf M

s\_ :yfoL M v\_ c:yfoL M u\_ ;Dks{ kmf]g g+=M ^\_ pd]/ M &\_ lnË M \*\_ ljjflxt÷cljjflxt M (\_ k]zf M !)\_ kl/jf/ ;+Vof M !!\_ kl/jf/sf] k]zf M !@\_ tflnd k5L Joj;fodf nufgL ug{ ;Sg]÷g;Sg] ======================================

!#= o; cl3 s'g} tflnd lng' ePsf] 5÷5}g ==================================== lnPsf] eP

!#=! tflnd lbg] ;+:yf÷sfof{nosf] gfd M !#+=@ tflndsf] ljifo M !#=# tflndsf] cjwL M !#=$ tflnd k|fKt lzksf] ;b'kof]u ePsf] 5÷5}g <

!$\_ tflnd ljgf s'g} lzk hfg]sf] eP pNn]v ug]{ < !%\_ of] tflnd cfjZos kg'{sf] sf/0f M

tflnd kZoft tflnd lnPsf] ljifo cg';f/sf] Joj;fo ;+~rfng ug{] b[9 lgZro u/]sf] 5' . dfyL pNn]lvt ljj/0fx? 7Ls b'?:t 5g .

 cfj]bs sf] ;xL

 ldlt

d]/f] 5f]/f÷5f]/L÷klt÷kTgL n] dfyL pNn]lvt sfo{s|ddf ;xefuL e} pBf]u Joj;fo ug]{ O{R5f /fv]sf]df d]/f] k"0f{ dGh'/L 5 . ;fy} lghnfO{ pBf]u Joj;fo ug{ cfjZos kg{] ;xof]usf nfuL k||ltjåtf Jotm ub{5' .

;+/Ifssf] gfd,y/ M

b:tvt M

k|lzIffyL{n] kfpg] d'Vo d'Vo ;'ljwfx?

!\_ tflnd cjlwdf lzk ljsf; tflnd /f]huf/ ljsf; sfo{s|d ;+~rfng lbUbz{g @)&& adf]lhd vfhf ;'ljwf

 kfpg]5g.

@\_ tflndsf] d'Nof°gsf] cfwf/df sfo{s|d ;+~rfng lbUbz{g adf]lhd 5'6 d'Nodf d]lzg cf}hf/ kfpg]5g .

#\_ tflndaf6 ar]sf] sRrf kbfy{ vl/b ul/ Joj;fo ;+~rfng ug{ kfpg]5g .

$\_ pBf]u Joj;fo ;+~rfng ug{ lzk ljsf; tflnd tyf /f]huf/ ljsf; sfo{s|d ;+~rfng lbUbz{g @)&&

 cg';f/sf k|fljlws tyf k/fdz{ ;]jf kfpg] 5g .